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**Junior Home Countries Mountain International  
Saturday 14<sup>th</sup> September - Glendalough, Ireland  
Selection Policy published October 2023 (update May 2024)**

## **Overview**

The Junior Home Countries Mountain International will take place in Glendalough, Ireland on Saturday 14<sup>th</sup> September. The race incorporates the British and Irish Junior Mountain Championships. Welsh Athletics values the role this representative opportunity will provide in gaining experience in competing against a high quality domestic field as part of a representative team competing against other representative teams.

## **Selection Policy Aim**

The selection panel will attempt to select the **best team possible** to represent Wales.

## **Athlete Eligibility**

Eligibility will be in line with Welsh Athletics eligibility criteria.

## **Competition Format**

The Junior Home Countries Mountain International provides **U20 and U17 Age Group** competition opportunities.

Teams of up to **4 U20 and 4 U17 Men and 4 U20 and 4 U17 Women** may be selected. U20 athletes are those born in 2005, 2006 and 2007 and U17 athletes are those born in 2008 and 2009. Wales will compete against teams from the other home nations.

## **Selection Process**

The trial race for the Welsh teams will be the Welsh Junior Mountain Championships. These championships will be held at Canolfan y Fon Community Centre (LL54 7BB) on **Sunday 14<sup>th</sup> July**. The first three Welsh athletes across the finish line in the male and female U20 and U17 races will be selected, with the final place at the discretion of the selection panel. **There is no obligation to fill all available positions, even if athletes finish in the top three in the trial race, if runners are not considered of the required standard to warrant selection.**

To be considered for the team athletes need to do one of the following:

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1. Take part in the trial race

2. If unable to do the trial race, contact Arwel Lewis (Welsh Athletics Mountain and Trail committee representative) and Steve Mitchell (Welsh Athletics National Talent Development Coordinator) before the entries for the trial race closes. The athlete must explain why they are unable to do the trial race and prior to the selection meeting must give an indication of current mountain and fell running form. The athlete will be considered in the selection meeting when discussing discretionary places.

Arwel Lewis contact email address: [arweleryri@googlemail.com](mailto:arweleryri@googlemail.com)

Steve Mitchell contact email address: [steve.mitchell@welshathletics.org](mailto:steve.mitchell@welshathletics.org)

The selection meeting will take place on **Thursday 18<sup>th</sup> July 2024** and the teams will be announced on the week starting **Monday 22<sup>nd</sup> July 2024**.

The **Selection Panel** will comprise of **2 individuals nominated by the Welsh Athletics Mountain and Trail Committee, a team manager and 2 individuals from the Welsh Athletics performance team.**

In coming to its decision, the **Selection Panel** will consider the following criteria when it comes to the discretionary places (in no priority order):

1. 2024 form and fitness in mountain and fell races
2. Evidence from competing at mountain and fell races in previous seasons
3. Future potential and associated progression / development
4. Head-to-head competitive records
5. Previous / other event championship performances
6. Athletes who are supportive of Welsh Athletics
7. Any other factors that, in the panel's opinion, give Wales the best chance of success

## Appeals Process

There shall be no right to appeal the selection of the Welsh team made by the selection panel.

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### **De-selection Process**



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De-selection of an athlete may occur following:

1. Failure to adhere to the Welsh Athletics code of conduct
2. In the event of an athlete sustaining an injury or illness following acceptance of their position on the team, they are required to inform the team leader immediately. If required, evidence will have to be supplied. If it is deemed that the injury or illness will negatively affect the athlete's performance this will result in deselection.

### **Equal Opportunities**

Welsh Athletics will not discriminate in the selection of any athlete on the basis of any protected characteristics.

### **Amendment**

Welsh Athletics reserves the right to amend this selection policy at its sole discretion and will make any amended version publically available (including the date on which the amendment was made) on the [Welsh Athletics website](#)